**SASJA NIEUWENHUYSE-RENS**

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I was born in june 1971 in Dirkshorn, a small village at the top of North Holland. After high school I followed the in-service training to a nurse in Alkmaar. Shortly after finishing these studies I started at the Academy for natural medicins. After 2 years I quit because shamanism came my way and I could very clearly feel that this touched me deaply and would help me with my  life.  I started with therapy sessions and a basic course of Shamanisme. Afterwards the healingtraining, readingtraining and teachingtraining by Circles & Pathways in Zeist.

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I met my current husband Joost with whom I now have 2 children. In 1998 we moved to Alphen a/d Rijn. There we worked, lived and learned together with co-students of Oceti Wakan (earlier Cicles & Pathways). In 2001 the biggest part of our community moved to Switzerland. Joost and I stayed for a few more years in the Netherlands as representatives of Oceti Wakan, later Wicahpi to Wakan Okolakiciye (Sacred Blue Star Society). In 2005 we too moved to Switzerland. Living, working, crying, laughing and growing together. Intense processes to learn to Be. Moonceremonies and Spiraldays for Women, Sweatlodges, and later the Sundance and Womans Dance too, are still huge enrichments in my life. At the moment I live with Joost and the children in Wahlen (close to Basel) and work as group leader in a nursing home and feel what a powerfull effect these Ceremonies have on my everyday life.